MAHATMA GANDHI UNIVERSITY
of
MEDICAL SCIENCES & TECHNOLOGY
JAIPUR

Syllabus

MD – PHYSIOLOGY

(3 Years Post Graduate Degree Course)

Notice

1. Amendment made by the Medical Council of India in Rules/Regulations of Post Graduate Medical Courses shall automatically apply to the Rules/Regulations of the Mahatma Gandhi University of Medical Sciences & Technology (MGUMST), Jaipur.

2. The University reserves the right to make changes in the syllabus/books/guidelines, fees-structure or any other information at any time without prior notice. The decision of the University shall be binding on all.

3. The Jurisdiction of all court cases shall be Jaipur Bench of Hon'ble Rajasthan High Court only.

RULES & REGULATIONS
MD PHYSIOLOGY (9130)
(3 Years Post Graduate degree course)

TITLE OF THE COURSE:
It shall be called Doctor of Medicine.

ELIGIBILITY FOR ADMISSION:
No candidate of any category (including NRI quota) shall be eligible for admission to MD/MS courses, if he or she has not qualified NEET PG (MD/MS) conducted by National Board of Examinations or any other Authority appointed by the Government of India for the purpose.

(1) **General Seats**

(a) Every student, selected for admission to postgraduate medical course shall possess recognized MBBS degree or equivalent qualification and should have obtained permanent Registration with the Medical Council of India, or any of the State Medical Councils or should obtain the same within one month from the date of his/her admission, failing which the admission of the candidate shall be cancelled;

(b) Completed satisfactorily one year's rotatory internship or would be completing the same before the date announced by the University for that specific year as per MCI rules after passing 3rd professional MBBS Part II Examination satisfactorily.

(c) In the case of a foreign national, the Medical Council of India may, on payment of the prescribed fee for registration, grant temporary registration for the duration of the postgraduate training restricted to the medical college/institution to which he/she is admitted for the time being exclusively for postgraduate studies; however temporary registration to such foreign national shall be subject to the condition that such person is duly registered as medical practitioner in his/her own country from which he has obtained his basic medical qualification and that his degree is recognized by the corresponding Medical Council or concerned authority.

(2) **NRI Seats**

(a) Students from other countries should possess passport, visa and exchange permits valid for the period of their course of study in this Institution and should also observe the regulations of both central and state governments regarding residential permits and obtain no-objection certificate from the same.

(b) The candidate should have a provisional "Student Visa". If he comes on any other visa and is selected for admission, he will have to first obtain a student visa from his country and then only he will be allowed to join the course. Therefore it is imperative to obtain provisional student visa before coming for Counseling.

(c) This clause is applicable to NRI/Foreign Students only.

CRITERIA FOR SELECTION FOR ADMISSION:

(1) **NRI Quota**

15% of the total seats are earmarked for Foreign National / PIO / OCI/ NRI / Ward of NRI/NRI sponsored candidates who would be admitted on the basis of merit obtained in NEET PG or any other criteria laid down by Central Government/MCI.

(2) **Remaining Seats (Other than NRI Quota Seats)**

(a) Admissions to the remaining 85% of the seats shall be made on the basis of the merit obtained at the NEET conducted by the National Board of Examinations or any other Authority appointed by the Government of India for the purpose.

(b) The admission policy may be changed according to the law prevailing at the time of admission.

COUNSELING/INTERVIEW:

(1) Candidates in order of merit will be called for Counseling/Interview and for verification of original documents and identity by personal appearance.
(2) Counseling will be performed and the placement will be done on merit-cum-choice basis by the Admission Board appointed by the Government of Rajasthan.

RESERVATION:

Reservation shall be applicable as per policy of the State Government in terms of scheduled caste, scheduled tribe, back ward class, special back ward class, women and handicapped persons.

ELIGIBILITY AND ENROLMENT:

Every candidate who is admitted to MD/MS course in Mahatma Gandhi Medical College & Hospital shall be required to get himself/herself enrolled and registered with the Mahatma Gandhi University of Medical Sciences & Technology after paying the prescribed eligibility and enrolment fees.

The candidate shall have to submit an application to the MGUMST for the enrolment/eligibility along with the following original documents with the prescribed fees (upto November 30 of the year of admission without late fees and upto December 31 of the year of admission with late fees) –

(a) MBBS pass Marks sheet/Degree certificate issued by the University (Ist MBBS to Final MBBS)
(b) Certificate regarding the recognition of medical college by the Medical Council of India.
(c) Completion of the Rotatory Internship certificate from a recognized college.
(d) Migration certificate issued by the concerned University.
(e) Date of Birth Certificate
(f) Certificate regarding registration with Rajasthan Medical Council / Medical Council of India / Other State Medical Council.

REGISTRATION

Every candidate who is admitted to MD/MS course in Mahatma Gandhi Medical College & Hospital shall be required to get himself/herself registered with the Mahatma Gandhi University of Medical Sciences & Technology after paying the prescribed registration fees.

The candidate shall have to submit an application to the MGUMST for registration with the prescribed fees (upto November 30 of the year of admission without late fees upto December 31 of the year of admission with late fees).

DURATION OF COURSE:

The course shall be of 3 years duration from the date of commencement of academic session.

PERIOD OF TRAINING:

The period of training for obtaining Post graduate degrees (MD/MS) shall be three completed years including the period of examination.

MIGRATION:

No application for migration to other Medical Colleges will be entertained from the students already admitted to the MD/MS course at this Institute.

METHODS OF TRAINING FOR MD/MS:

Method of training for MD/MS courses shall be as laid down by the Medical Council of India.

ONLINE COURSE IN RESEARCH METHODS

i. All postgraduate students shall complete an online course in Research Methods to be conducted by an Institute(s) that may be designated by the Medical Council of India by way of public notice, including on its website and by Circular to all Medical Colleges. The students shall have to register on the portal of the designated institution or any other institute as indicated in the public notice.
ii. The students have to complete the course by the end of their 2nd semester.
iii. The online certificate generated on successful completion of the course and examination thereafter, will be taken as proof of completion of this course
iv. The successful completion of the online research methods course with proof of its completion shall be essential before the candidate is allowed to appear for the final examination of the respective postgraduate course.
v. This requirement will be applicable for all postgraduate students admitted from the academic year 2019-20 onwards

ATTENDANCE, PROGRESS AND CONDUCT:

(1) **Attendance:**

(a) 80% attendance in each course is compulsory. Any one failing to achieve this, shall not be allowed to appear in the University examination.

(b) A candidate pursuing MD/MS course shall reside in the campus and work in the respective department of the institution for the full period as a full time student. No candidate is permitted to run a clinic/work in clinic/laboratory/ nursing home while studying postgraduate course. No candidate shall join any other course of study or appear for any other examination conducted by this university or any other university in India or abroad during the period of registration. Each year shall be taken as a unit for the purpose of calculating attendance.

(c) Every candidate shall attend symposia, seminars, conferences, journal review meetings, grand rounds, CPC, CCR, case presentation, clinics and lectures during each year as prescribed by the department and not absent himself / herself from work without valid reasons. Candidates should not be absent continuously as the course is a full time one.

(2) **Monitoring Progress of Studies- Work diary/Log Book:**

(a) Every candidate shall maintain a work diary in which his/her participation in the entire training program conducted by the department such as reviews, seminars, etc. has to be chronologically entered.

(b) The work scrutinized and certified by the Head of the Department and Head of the Institution is to be presented in the University practical/clinical examination.

(3) **Periodic tests:**

There shall be periodic tests as prescribed by the Medical Council of India and/ or the Board of Management of the University, tests shall include written papers, practical/clinical and viva voce.

(4) **Records:**

Records and marks obtained in tests will be maintained by the Head of the Department and will be made available to the University when called for.

THESIS:

(1) Every candidate pursuing MD/MS degree course is required to carry out work on research project under the guidance of a recognized post graduate teacher. Such a work shall be submitted in the form of a Thesis.
(2) The Thesis is aimed to train a postgraduate student in research methods & techniques.
(3) It includes identification of a problem, formulation of a hypothesis, designing of a study, getting acquainted with recent advances, review of literature, collection of data, critical analysis, comparison of results and drawing conclusions.
(4) Every candidate shall submit to the Registrar of the University in the prescribed format a Plan of Thesis containing particulars of proposed Thesis work within six months of the date of commencement of the course on or before the dates notified by the University.
(5) The Plan of Thesis shall be sent through proper channel.
(6) Thesis topic and plan shall be approved by the Institutional Ethics Committee before sending the same to the University for registration.
(7) Synopsis will be reviewed and the Thesis topic will be registered by the University.
(8) No change in the thesis topic or guide shall be made without prior notice and permission from the University.
(9) The Guide, Head of the Department and head of the institution shall certify the thesis. Three printed copies and one soft copy of the thesis thus prepared shall be submitted by the candidate to the Principal. While retaining the soft copy in his office, the Principal shall send the three printed copies of the thesis to the Registrar six months before MD/MS University Examinations. Examiners appointed by the University shall evaluate the thesis. Approval of Thesis at least by two examiners is an essential pre-condition for a candidate to appear in the University Examination.
(10) Guide: The academic qualification and teaching experience required for recognition by this University as a guide for thesis work is as laid down by Medical Council of India/Mahatma Gandhi University of Medical Sciences & Technology, Jaipur.
(11) Co-guide: A co-guide may be included provided the work requires substantial contribution from a sister department or from another institution recognized for teaching/training by Mahatma Gandhi University of Medical Sciences & Technology, Jaipur/Medical Council of India. The co-guide shall be a recognized postgraduate teacher.
(12) Change of guide: In the event of a registered guide leaving the college for any reason or in the event of death of guide, guide may be changed with prior permission from the University.

ELIGIBILITY TO APPEAR FOR UNIVERSITY EXAMINATION:

The following requirements shall be fulfilled by every candidate to become eligible to appear for the final examination:

(1) Attendance: Every candidate shall have fulfilled the requirement of 80% attendance prescribed by the University during each academic year of the postgraduate course. (as per MCI rules)
(2) Progress and Conduct: Every candidate shall have participated in seminars, journal review meetings, symposia, conferences, case presentations, clinics and didactic lectures during each year as designed by the department.
(3) Work diary and Logbook: Every candidate shall maintain a work diary for recording his/her participation in the training program conducted in the department. The work diary and logbook shall be verified and certified by the Department Head and Head of the Institution.

(4) Every student would be required to present one poster presentation, to read one paper at a National/State Conference and to have one research paper which should be published/accepted for publication/ sent for publication to an indexed journal during the period of his/her post graduate studies so as to make him/her eligible to appear at the Post Graduate Degree Examination.
(5) Every student would be required to appear in and qualify the Pre-University Post graduate degree Mock examination. Post graduate students who fail to appear in or do not qualify the Pre-University Post graduate degree Mock examination shall not be permitted to appear in the final examination of the University.

The certification of satisfactory progress by the Head of the Department/ Institution shall be based on (1), (2), (3), (4) and (5) criteria mentioned above.

ASSESSMENT:

(1) The progress of work of the candidates shall be assessed periodically by the respective guides and report submitted to the Head of the Institution through the Head of the Department at the end of every six months. The assessment report may also be conveyed in writing to the candidate who may also be advised of his/her shortcomings, if any.
(2) In case the report indicate that a candidate is incapable of continuing to do the work of the desired standard and complete it within the prescribed period, the Head of the Institution may recommend cancellation of his/her registration at any time to the University.
(3) Formative Assessment:
    (a) General Principles
        i. The assessment is valid, objective, constructive and reliable.
        ii. It covers cognitive, psychomotor and affective domains.
        iii. Formative, continuing and summative (final) assessment is also conducted.
        iv. Thesis is also assessed separately.
    (b) Internal Assessment
        i. The internal assessment is continuous as well as periodical. The former is based on the feedback from the senior residents and the consultants concerned. Assessment is held periodically.
        ii. Internal assessment will not count towards pass/fail at the end of the program, but will provide feedback to the candidate.
        iii. The performance of the Postgraduate student during the training period should be monitored throughout the course and duly recorded in the log books as evidence of the ability and daily work of the student.
        iv. Marks should be allotted out of 100 as under
            1) Personal Attributes - 20 marks
                a. Behavior and Emotional Stability: Dependable, disciplined, dedicated, stable in emergency situations, shows positive approach.
                b. Motivation and Initiative: Takes on responsibility, innovative, enterprising, does not shirk duties or leave any work pending.
                c. Honesty and Integrity: Truthful, admits mistakes, does not cook up information, has ethical conduct, exhibits good moral values, loyal to the institution.
            2) Clinical Work - 20 marks
                a Availability: Punctual, available continuously on duty, responds promptly on calls and takes proper permission for leave.
                b Diligence: Dedicated, hardworking, does not shirk duties, leaves no work pending, does not sit idle, competent in clinical case work up and management.

c Academic Ability: Intelligent, shows sound knowledge and skills, participates adequately in academic activities and performs well in oral presentation and departmental tests.

d Clinical Performance: Proficient in clinical presentations and case discussion during rounds and OPD work up. Preparing Documents of the case history/examination and progress notes in the file (daily notes, round discussion, investigations and management) Skill of performing bed side procedures and handling emergencies.

3) Academic Activities - 20 marks
   Performance during presentation at Journal club/ Seminar/Case discussion/Stat meeting and other academic sessions. Proficiency in skills as mentioned in job responsibilities.
4) End of term theory examination - 20 marks
   End of term theory examination conducted at end of 1st, 2nd year and after 2 years 9 months.
5) End of term practical examination - 20 marks
   a. End of term practical/oral examinations after 2 years 9 months.
   b. Marks for personal attributes and clinical work should be given annually by all the consultants under whom the resident was posted during the year. Average of the three years should be put as the final marks out of 20.
   c. Marks for academic activity should be given by the all consultants who have attended the session presented by the resident.
   d. The Internal assessment should be presented to the Board of examiners for due consideration at the time of Final Examinations.
   e. Yearly (end of 1st, 2nd & 3rd year) theory and practical examination will be conducted by internal examiners and each candidate will enter details of theory paper, cases allotted (2 long & 2 short) and viva.
   f. Log book to be brought at the time of final practical examination.

APPOINTMENT OF EXAMINERS:

Appointment of paper setters, thesis evaluators, answer books evaluators and practical & viva voce examiners shall be made as per regulations of the Medical Council of India.

SCHEME OF EXAMINATION:

Scheme of examination in respect of all the subjects of MD/MS shall be as under :

(1) The examination for MD/MS shall be held at the end of three Academic Years.
(2) Examinations shall be organized on the basis of marking system.
(3) The period of training for obtaining MD/MS degrees shall be three completed years including the period of examination.
(4) The University shall conduct not more than two examinations in a year for any subject with an interval of not less than 4 months and not more than 6 months between the two examinations.
(5) The examinations shall consist of:
   (a) Thesis :
      i. Thesis shall be submitted at least six months before the main Theory examinations.
      ii. The thesis shall be examined by a minimum of three examiners – one Internal and two External examiners who shall not be the examiners for Theory and Clinical/Practical.

iii. In departments where besides the two earmarked practical/clinical examiners no one else is a qualified P.G. teacher, in that case the Thesis shall be sent to the third external examiner who shall actually be in place of the internal examiner.
iv. Only on the acceptance of the thesis by any two examiners, the candidate shall be eligible to appear for the final examination.
v. A candidate whose thesis has been once approved by the examiners will not be required to submit the Thesis afresh, even if he/she fails in theory and/or practical of the examination of the same branch.
vi. In case the Thesis submitted by a candidate is rejected, he/she should be required to submit a fresh Thesis.

(b) Theory papers:

i. There shall be four theory papers as below:
Paper I : General and Cellular Physiology including Genetic Basis and Historical perspectives
Paper II : Systemic Physiology (system providing transport, nutrition and energy) including comparative Physiology
Paper III: Systemic Physiology (system concerned with procreation, regulation and neural control)
Paper IV: Applied Physiology including recent advances
ii. Each theory paper examination shall be of three hours duration.
iii. Each theory paper shall carry maximum 100 marks.
iv. The question papers shall be set by the External Examiners.
v. There will be a set pattern of question papers.
Every question paper shall contain three questions. All the questions shall be compulsory, having no choice.
Question No. 1 shall be of long answer type carrying 20 marks.
Question No. 2 shall have two parts of 15 marks each. Each part will be required to be answered in detail.
Question No. 3 shall be of five short notes carrying 10 marks each.
vi. The answer books of theory paper examination shall be evaluated by two External and two internal examiners. Out of the four paper setters, the two paper setters will be given answer books pertaining to their papers and the answer books of the remaining two papers will be evaluated by two Internal Examiners. It will be decided by the President as to which paper is to be assigned to which Internal Examiner for evaluation.
vii. A candidate will be required to pass theory and practical examinations separately in terms of the governing provisions pertaining to the scheme of examination in the post graduate regulations. The examinee should obtain minimum 40% marks in each theory paper and not less than 50% marks cumulatively in all the four papers for degree examination to be cleared as "passed" at the said Degree examination.

(c) Clinical/ Practical & Oral examinations:

i. Clinical/Practical and Oral Examination of 400 marks will be conducted by at least four examiners, out of which two (50%) shall be External Examiners.
ii. A candidate will be required to secure at least 50% (viz. 200/400) marks in the Practical including clinical and viva voce examinations.

(6) If a candidate fails in one or more theory paper(s) or practical, he/she shall have to reappear in the whole examination i.e. in all theory papers as well as practical.

GRACE MARKS

No grace marks will be provided in MD/MS examinations.

REVALUATION / SCRUTINY:

No Revaluation shall be permitted in the MD/MS examinations. However, the student can apply for scrutiny of the answer books as per University Rules.

GUIDELINES FOR COMPETENCY BASED POSTGRADUATE TRAINING PROGRAMME FOR MD IN PHYSIOLOGY (9130)

Preamble

The purpose of PG education is to create specialists who would provide high quality health care and advance the cause of science through research & training.

The purpose of the training in Physiology is to produce experts with necessary knowledge, skills and attitude to impart education and to carry out research in Physiology, be able to serve the community as competent physiologists and render appropriate advice/service to the clinicians as and when it is required.

The purpose of this document is to provide teachers and learners illustrative guidelines to achieve defined outcomes through learning and assessment. This document was prepared by various subject-content specialists. The Reconciliation Board of the Academic Committee has attempted to render uniformity without compromise to purpose and content of the document. Compromise in purity of syntax has been made in order to preserve the purpose and content. This has necessitated retention of "domains of learning" under the heading "competencies".

SUBJECT SPECIFIC LEARNING OBJECTIVES

Programme Objectives

Goal:

The goal is to have uniform standards in the teaching of Physiology at Postgraduate level throughout the country. The guidelines will help achieving such standards which will in ensure availability of competent physiologists equipped with required skills for teaching and applied research.

Learning Objectives

A post graduate student having qualified the MD (Physiology) examination should be able to:

1. Understand and deal with all aspects of general, systemic and applied Physiology.
2. Teach effectively the basic physiological mechanisms of human body with reference to their implications in the pathogenesis of diseases (pathophysiology) affecting various organ systems and the physiological basis of their management to undergraduate medical, paramedical and all other basic science students.
3. Understand general principles of medical education (use of appropriate teaching techniques and resources).
4. Explain how the knowledge of physiology can be effectively used in a various clinical settings to solve diagnostic and therapeutic problems.
5. Interpret and evaluate research publications critically.
6. Use the library facilities (Literature database using computer, CD ROM, internet search and any other available newer techniques).
7. Conduct relevant clinical/experimental research which may have significant bearing on human health and patient care.
8. Interpret the research findings in the light of its basic and applied significance.
9. Acquire skills in conducting collaborative research in the field of physiology with allied sciences, clinical sciences and biomedical engineering.
10. Interact with the allied departments and render services in advanced laboratory investigations.
11. Serve as interface with society at large.

12. Acquire administrative skills to set up concerned department / laboratories and initiate purchase procedure and procure necessary items for running such laboratories.
13. Function as a member of a teaching or research team.

SUBJECT SPECIFIC COMPETENCIES

Cognitive Domain

1. Able to teach the basic physiological mechanisms of human body with reference to their implications in the pathogenesis of diseases (pathophysiology) and their management to undergraduate medical and paramedical students.
2. Conduct such clinical and experimental research, as would have a significant bearing on human health and patient care.
3. Interact with other departments by rendering services in advanced laboratory investigations and relevant expert opinion.
4. Participate actively in various workshops/seminars/journal clubs/demonstration in the allied departments, to acquire various skills for collaborative research.
5. Contribute to society by imparting physiological understanding of health problems.
6. Plan a research study and conduct basic and clinical systemic investigations.

Affective domain

1. Demonstrate self-awareness and personal development in routine conduct. (Self-awareness)
2. Communicate effectively with peers, students and teachers in various teaching-learning activities. (Communication)
3. Demonstrate
   a. Due respect in handling human body parts & cadavers during dissection (Ethics & Professionalism)
   b. Humane touch while demonstrating living surface marking in subject/patient (Ethics & Professionalism)
4. Acquire capacity of not letting his/her personal beliefs, prejudices and limitations come in the way of duty.
5. Appreciate the issues of equity and social accountability while exposing students to early clinical exposure (Equity and social accountability)

Psychomotor Domain

The student should acquire competencies in the following tasks:

I. **Hematology Experiments**
   1. Estimation of hemoglobin
   2. Determination of Total Erythrocyte (RBC) Count and RBC Indices (Blood Standards)
   3. Determination of Total Leucocytes (WBC) Count : TLC
   4. Preparation of a peripheral Blood Smear and Determination of Differential Leucocyte Count: DLC
   5. Determination of Arneth Count
   6. Determination of Bleeding Time (BT) and Clotting Time (CT)
   7. Determination of Blood groups (A,B,O and Rh system)
   8. Determination of Erythrocyte Sedimentation Rate (ESR) and Packed cell volume (PCV)
   9. Determination of Osmotic Fragility of Red Blood Cells
   10. Determination of Platelet Count
   11. Determination of Reticulocyte Count
   12. Determination of Absolute Eosinophil Count

13. Study of Haemopoietic Cells Present in the Bone Marrow

II. **Animal Experiments (All animal experiments must be compliant with Govt. of India Regulations, notified from time to time). Experiments in Amphibian/Dog/Cat should be conducted by computer assisted simulation models/ facilities. Other experiments should be performed as permissible by CPCSEA guidelines.**

Amphibian (Frog) Experiments

1. Effect of temperature on simple muscle twitch.
2. Effect of two successive stimuli (of same strength) on skeletal muscle.
3. Effect of increasing strength of stimuli on skeletal muscle.
4. Effect of increasing frequency of stimuli on skeletal muscle (genesis of tetanus).
5. Effect of free load and after load on skeletal muscle.
6. Effect of repeated stimuli on skeletal muscle (study of phenomenon of Fatigue).
7. Study of isometric contraction in skeletal muscle.
8. Determination of conduction velocity of sciatic nerve and effect of variables on it.
9. Properties of cardiac muscle – Refractory period, All-or-None Law, extra- systole and compensatory pause, beneficial effect.
10. Regulation of Heart, Vagus dissection and effect of Vagal and WCL stimulation.
11. Effect of physiological and pharmacological variables on intact frog's heart.
12. Perfusion of isolated frog's heart-role of sodium, potassium, calcium ions and drugs.
13. Perfusion of blood vessels in the frog.
14. Capillary circulation (Frog Web).
15. Postural and protective reflex in the frog.

Mammalian Experiments (Dog/Rabbit/Guinea pig/Rat/Mice)

1. General management of mammalian experiments.
2. Recording of heart rate, blood pressure and respiration and study the effects of various factors; drugs; asphyxia; occlusion of common carotid artery.
3. Effect of stimulation of central and peripheral end of vagus on arterial blood pressure and respiration after vagotomy.
4. Effect of stimulation and distension of carotid sinus on blood pressure and respiration.
5. Effect of stimulation of splanchnic nerve.
6. Effect of stimulation of peripheral somatic nerve (sciatic nerve).
7. Study of hypovolemic shock and its reversal.
8. Perfusion of isolated mammalian heart and study the effects of drugs and ions.
9. Recording of Isolated Intestinal movement and tone and studying the effect of drugs and ions.
10. Study of various stages of menstrual cycle, cervical smear and vaginal smear.

III. **Human Physiology**

Clinical Physiology

1. Physiological principles of clinical examination.
2. General Physical examination, physiological basis of some clinical symptoms and signs.
3. General principles of Inspection/Palpation/Percussion/Auscultation.

Nerve muscle physiology

1. Ergography and hand grip spring dynamography and study of human fatigue.
2. Recording of electromyography (EMG) and its application.
3. Recording of nerve conduction.

Cardiovascular system (CVS)

1. Clinical examination of CVS.
2. Examination of arterial & venous pulses.
3. Measurements of arterial blood pressure and effect of head-up/head-down tilt.
4. Recording of 12 lead Electrocardiography (ECG) and its interpretation.
5. Measurement of blood flow.

Respiratory system

1. Clinical examination of respiratory system.
2. Stethography – study of respiratory movements and effect of various factors.
3. Assessment of respiratory functions (spriometry, vitalography, and gas analysis).
4. Measurement of BMR.
5. Cardio pulmonary resuscitation (CPR) and Artificial respiration.

Gastrointestinal system: Clinical examination of abdomen.

Integrative Physiology / Excretory system

1. Recording of body temperature/effect of exposure to cold and hot environment
2. Studies in simulated environment - microgravity; high altitude; hot and cold environment.
3. Human studies involving sweat, salivation and urine.

Reproductive system

1. Determination of ovulation time by basal body temperature chart and pregnancy diagnostic test - Immunological Tests.
2. Semen analysis: sperm count and motility.

Nervous System including Special senses

1. Clinical examination of the nervous system and its physiological basis.
2. Examination of higher mental functions.
3. Examination of cranial nerves.
4. Examination of sensory system.
5. Examination of motor system including reflexes.
6. Clinical examination of special senses:
   (i) Smell and Taste
   (ii) Test for hearing to deafness
   (iii) Physiology of eye:
      (a) Clinical examination of the eye and pupillary reflex
      (b) Visual acuity
      (c) Perimetery – mapping out of visual field and blind spot
      (d) Accommodation
      (e) Fundoscopy
      (f) Colour vision and colour blindness
      7. Reaction (visual and auditory) and reflex time.
8. Electroencephalography (EEG) and Polysomnography
9. Autonomic Nervous System (ANS) Testing.
10. Neuro-electrodiagnostic techniques:
    (i) Nerve conduction study.
    (ii) Visual evoked potential (VEP).
    (iii) Brainstem auditory evoked potential (B.A.E.P).
    (iv) Somato-sensory evoked potential (SEP).
    (v) Motor evoked potential (MEP).

Others

1. Construction of dietary chart for growing children, pregnant woman, elderly individuals, hypertensive patients, & diabetes mellitus patients.
2. Tests for physical fitness: Cardio – respiratory responses to steady state exercise using
   (i) Harvard step test
   (ii) Bicycle Ergometry
   (iii)Treadmill test for determination of VO2 max

Syllabus

Course contents:

Paper-I: General and Cellular Physiology including Genetic Basis and Historical perspectives:

1. Physiology of cell, various cellular mechanisms and genetic control mechanisms.
2. Various principles of Physics and Physical Chemistry involved in physiological phenomenon e.g. haemo-dynamics, bio-electrical potentials, body fluids, methods of measurements.
3. History of Physiology.
4. Biostatistics, Biophysics, Biochemistry, Micro-anatomy.
5. Growth and Development including aging.
6. Excretion, pH, water and Electrolyte balance.

Paper-II: Systemic Physiology (system providing transport, nutrition and energy) including comparative Physiology.

1. Blood and Immunity.
2. Cardiovascular System.
3. Respiratory System.
4. Gastro- Intestinal Tract (GIT) and dietary requirements.

Paper-III: Systemic Physiology (system concerned with procreation, regulation and neural control)

1. Nerve-Muscle Physiology including muscle mechanics
2. Endocrine Physiology
3. Nervous System (Central, peripheral and autonomic)
4. Special Senses
5. Reproduction & family planning/foetal & neonatal Physiology

Paper-IV: Applied Physiology including recent advances

1. Patho-physiology pertaining to systemic Physiology
2. Physiological basis of various clinical investigation tests
3. Interaction of human body in ambient environment- high altitude, space and deep sea
4. Sports physiology
5. Yoga and Meditation
6. Recent advances relevant to Physiology
7. Social responsibilities of physiologists

Departmental resources

It is to be mandatory for the department to establish and develop the following laboratories. In addition to teaching, these laboratories should be involved in active research and in patient care services in one or more well defined fields.

1. **Clinical Neurophysiology Laboratory**
   The department should generate liaison with clinical department and provide routine services for health monitoring and diagnostics (disease).
   (i) Electroencephalography
   (ii) Evoked potential recording
   (iii) Electromyography
   (iv) Nerve conduction studies
   (v) Autonomic nervous system (ANS) testing
   (vi) Any other newer technology

2. **Cardio-Respiratory Laboratory**
   The department should generate liaison with clinical department and provide routine services for health monitoring and diagnostics (disease).
   (i) Electrocardiography
   (ii) Blood-gas Analysis
   (iii) Computerized multifunctional spirometery
   (iv) Laboratory for measuring pulmonary diffusion capacity and functional residual capacity (FRC)
   (v) Whole-body plethysmography
   (vi) Laboratory for Blood flow measurements (Impedence plethysmograph/Laser flow meter/ Doppler flow meter)

3. **Exercise Physiology Laboratory**
   The department should generate liaison with ports authorities and clinical departments to provide services for testing and grading exercise and physical efficiency for health monitoring and diagnostics (disease). This should be done by using the following techniques:
   (i) Two step test exerciser
   (ii) Bicycle Ergometery
   (iii) Tread mill
   (iv) Respiratory gas analysis and measurement of basal metabolic rate (BMR)

4. **Metabolic/Endocrinology/Reproductive Bio-medicine laboratory**
   This laboratory should perform various tests pertaining to gastrointestinal, renal, metabolic, endocrinal and reproductive bio-medicine. The department should generate liaison with clinical departments and provide routine services for health monitoring and diagnostics (disease).
   (i) Spectrophotometer
   (ii) pH meter
   (iii) Elisa Reader/Washer
   (iv) Luminometer
   (v) Semi-autoanalyser

Post graduate students should be posted in the above laboratories and extend the required services on routine basis.

The Department should be equipped with general facilities like PG resource room with internet access and a departmental library with books especially those related to pertinent higher studies in Physiology and field of research. The college/department should make important journals available (at least four Indian journals and two international journals).

TEACHING AND LEARNING METHODS

Teaching methodology

Based on the above laboratory facilities the department can prepare a list of post-graduate experiments pertaining to basic and applied physiology. Active learning should form the mainstay of postgraduate training.

- There should be seminars (at least 30 per year) along with symposia, group-discussions and weekly Journal clubs. Each Journal Club should run for 4 weeks (4 turns) and discuss articles published in indexed journals focusing on their new methodology, interesting results etc. PG student should attend at least six such journal clubs every year.
- The Post graduate student should attend at least, 2 symposia every year and weekly group discussions.
- The department should generate liaison with clinical departments and provide routine services for health monitoring and diagnostics (disease) and for periodical posting of Physiology PGs in clinical settings.
- The PG students should render special investigative services in their respective area of specialization. In consultation with the concerned clinical departments a 3 month roaster should be made for the post-graduate students to attend the ward rounds of selected cases of pathophysiologic interest for PG teaching.
- A postgraduate student in broad specialities/super specialities would be required to present one poster presentation, to read one paper at a national/state conference and to present one research paper which should be published/accepted for publication/sent for publication during the period of his postgraduate studies so as to make him eligible to appear at the postgraduate degree examination.
- The PG students should pay formal and scheduled visits to various hospital laboratories of interest for the purpose of learning.
- The student should be trained to generate teaching resource material for UG and develop problem solving modules.
- Department should encourage e-learning activities.
- The postgraduate students shall be required to participate in the teaching and training programme of undergraduate students and interns.
- Log books shall be checked and assessed periodically by the faculty members imparting the training.

During the training programme, patient safety is of paramount importance, therefore, skills are to be learnt initially on the models, later to be performed under supervision followed by performing independently; for this purpose, provision of skills laboratories in medical colleges is mandatory.

Rotation:

Each post graduate student should undergo minimum of six terms training spread over a period of 03 years. The postings should be as under:-

1. **I semester:** Department of Physiology to cover (i) General aspects of UG teaching, (ii) Selection of thesis topics and collection of relevant references
2. **II Semester:** (i) submission of thesis synopsis (ii) Posting in departmental UG – PG laboratories
3. **IIIsemester:** Posting in clinical departments: Medicine and allied disciplines.
4. **IV, V & VI semesters:** (i) UG-PG teaching (ii) thesis work.

Note:

(1) UG, PG teaching and thesis work to continue throughout the course.

(2) 50% of time during III and IV Semester should be spent in the department of Physiology.

ASSESSMENT

FORMATIVE ASSESSMENT ie., during the training

Formative assessment should be continual and should assess medical knowledge, patient care, procedural & academic skills, interpersonal skills, professionalism, self directed learning and ability to practice in the system.

General Principles

Internal Assessment should be frequent, cover all domains of learning and used to provide feedback to improve learning; it should also cover professionalism and communication skills. The Internal Assessment should be conducted in theory and clinical examination.

Quarterly Assessment during the MD training programme should be based on:

1. Journal based / recent advances learning
2. Patient based /Laboratory or Skill based learning
3. Self directed learning and teaching
4. Departmental and interdepartmental learning activity
5. External and Outreach Activities / CMEs

The student to be assessed periodically as per categories listed in postgraduate student appraisal form (**Annexure I**).

SUMMATIVE ASSESSMENT ie, assessment at the end of training

The summative examination would be carried out as per the Rules given **in POSTGRADUATE MEDICAL EDUCATION REGULATIONS, 2000**.

The post-graduate examinations should be conducted in 3 parts:

1. **Thesis**

   Every post graduate student shall carry out work on an assigned research project under the guidance of a recognised Post Graduate Teacher, the result of which shall be written up and submitted in the form of a Thesis. Work for writing the Thesis is aimed at contributing to the development of a spirit of enquiry, besides exposing the post graduate student to the techniques of research, critical analysis, acquaintance with the latest advances in medical science and the manner of identifying and consulting available literature.

2. **Theory Examination**

   The examinations shall be organised on the basis of 'Grading'or 'Marking system' to evaluate and to certify post graduate student's level of knowledge, skill and competence at the end of the training. The examination for M.D./ MS shall be held at the end of 3rd academic year. An academic term shall mean six month's training period.

   There should be 4 theory papers:

   Paper I : General and Cellular Physiology including Genetic Basis and Historical perspectives

   Paper II : Systemic Physiology (system providing transport, nutrition and energy) including comparative Physiology

   Paper III : Systemic Physiology (system concerned with procreation, regulation and neural control)

   Paper IV : Applied Physiology including recent advances

3. **Practical and oral examination**

Practical examination should be spread over two days and include the following components:

1. Objective Structured Practical Exam (OSPE)/ Spotting
2. Problem solving exercises pertaining to Clinical Physiology
3. Performing and reporting two special laboratory investigations
4. Two animal experiments (one long and one short) illustrating mechanisms, physiological concepts and their applications to humans. (Subject to current regulation of Government of India regarding animal usage). This is optional. It is advisable to use simulated experiments for this purpose.
5. Two human experiments (one long and one short), dealing with clinical physiology as would have significant bearing on human health and patient care.
6. Micro-teaching session for assessing communication skills.

Viva-voce examination should include the following components:

(i) Theoretical discussion (General and systemic Physiology)
(ii) Teaching techniques
(iii) Thesis
(iv) Eminent Physiologists (Foreign/Indian)
(v) Journals (Indian/Foreign)
(vi) Recent advances

Recommended Reading

Books (latest edition)

- A.C. Guyton – Text book of Medical Physiology
- W.F. Ganong – Review of Medical Physiology
- Vernon B. Mountcastle– Medical Physiology Vol. I & II
- William's Textbook of Endocrinology
- J.E. Cotes- Respiratory Physiology
- D.T. Harris – Experimental Physiology
- Wintrobe's – Clinical Hematology
- Brown B.L. – Cell signaling, Biology and medicine of signal transudation
- Berne and Levy- Medical Physiology
- Textbook of Medicine by Harrison
- API Textbook of Medicine

Journals

03-05 international Journals and 02 national (all indexed) journals

Annexure - I

Postgraduate Students Appraisal Form

Pre / Para /Clinical Disciplines

Name of the Department/Unit :

Name of the PG Student :

Period of Training: **FROM.....TO.....**

Sr. No.	**Particulars**	**Not satisfactory**	**Satisfactory**	**More Than Satisfactory**	**Remarks**
		1 2 3	4 5 6	7 8 9	
1.	Journal based/recent advances learning				
2.	Patient based/Laboratory or Skill based learning				
3.	Self directed learning and teaching				
4.	Departmental and interdepartmental learning activity				
5.	External and Outreach Activities/CMEs				
6.	Thesis/Research work				
7.	Log Book Maintenance				

Publications Yes/ No

Remarks*_____
_____
_____

*REMARKS: Any significant positive or negative attributes of a postgraduate student to be mentioned. For score less than 4 in any category, remediation must be suggested. Individual feedback to postgraduate student is strongly recommended.

SIGNATURE OF ASSESSEE | SIGNATURE OF CONSULTANT | SIGNATURE OF HOD

MODEL PAPER

MD-9131 **Physio.-I**

MD Examination Month, Year
PHYSIOLOGY

Paper-I
General and Cellular Physiology including Genetic Basis and Historical perspectives

Time : Three Hours
Maximum Marks : 100

Attempt all questions
All the parts of one question should be answered at one place in sequential order.
Draw diagrams wherever necessary

Q.1 Define Growth. Enumerate the growth parameters. Discuss the various factors influencing growth. 20

Q.2 Write on : 2x15 =30
a) Discuss genetic control of Protein Synthesis.
b) Describe genesis of Resting Membrane Potential.

Q.3 Write Short notes on 5x10=50
a) Frank Starling
b) Mutation
c) Molecular Motors
d) Cell Adhesion Molecules
e) ANOVA

MODEL PAPER

MD-9132 **Physio.-II**

MD Examination Month, Year
PHYSIOLOGY

Paper-II

Systemic Physiology (system providing transport, nutrition and energy) including comparative Physiology

Time : Three Hours
Maximum Marks : 100

Attempt all questions
All the parts of one question should be answered at one place in sequential order.
Draw diagrams wherever necessary

Q.1 Discuss the regulation of coronary circulation. 20

Q.2 Write on: 2x15=30
a) Discuss role of chemo receptors in regulation of respiration
b) Discuss evolution of cardiovascular system.

Q.3 Write Short notes on:- 5x10=50
a) Rh incompatibility
b) Basal electric rhythm
c) T-Cell functions
d) Dietary fibers
e) Current of Injury

MODEL PAPER

MD-9133 **Physio.-III**

MD Examination Month, Year
PHYSIOLOGY

Paper-III

Systemic Physiology (system concerned with procreation, regulation and neural control)

Time : Three Hours
Maximum Marks : 100

Attempt all questions
All the parts of one question should be answered at one place in sequential order.
Draw diagrams wherever necessary

Q.1 Define and classify tremors. Discuss role of cerebellum in servo control mechanism. 20

Q.2 Write on : 2x15=30
a) Discuss theories of color vision
b) Hormonal control of menstrual cycle.

Q.3 Write Short notes on: 5x10=50
a) Blood Brain barrier
b) Dwarfism
c) Cochlear micro-phonics
d) Compound Action Potential
e) Capacitation

MODEL PAPER

MD-9134 **Physio.-IV**

MD Examination Month, Year
PHYSIOLOGY

Paper-IV
Applied Physiology including recent advances

Time : Three Hours
Maximum Marks : 100

Attempt all questions
All the parts of one question should be answered at one place in sequential order.
Draw diagrams wherever necessary

Q.1 Discuss the patho physiology of haemorrhagic shock. 20

Q.2 Write on: 2x15=30
a) Explain the applications of autonomic function tests
b) Relative importance of Isotonic and Isometric exercise in regulation of blood pressure

Q.3 Write Short notes on: 5x10=50
a) Acute Mountain Sickness
b) Meditation and Human health
c) Heart rate variability
d) Assessment of vestibular functions
e) Physiological basis of renal function tests